



2026 WOMEN on the Water Event
Saturday, September 12, 2026

The Event Rules
(NOTICE OF RACE & SAILING INSTRUCTIONS)

Organizing Authority – Port Credit Yacht Club, Mississauga, Ontario

The notation '[DP]' in a rule in the NOR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Event Rules (ER) which integrate the Notice of Race and Sailing Instructions into a single document are compliant with RRS 89.2(a) and RRS 90.2(a).
- 1.3 The prescriptions of Sail Canada will apply. Prescriptions can be found at [Sail-Canada-Prescriptions-to-the-RRS-2025-2028_revfinal.pdf](#)
- 1.4 RRS Appendix T, Arbitration, applies.
- 1.5 RRS A5.3 will be in effect.
- 1.6 Rule 60.4(a)(2) is changed as follows: (2) *if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or*

2 CHANGES TO EVENT RULES

- 2.1 Any change to the Event Rules will be posted before 2000 September 11th, except that any change to the schedule of races will be posted by 0830 on the day it will take effect.

3 COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the online Official Notice Board located at [2026 WoW Event – PCYC Racing](#).
- 3.2 [DP] All boats shall carry a VHF radio capable of communicating on VHF 6,9,16,68,71,72 and 73.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.
- 3.4 [DP] From the first warning signal until the end of the race, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all mono hull boats racing **Non-Flying Sails** or **Spinnaker** and must be entered by a member who is eligible for a mooring for that boat.
- 4.2 A club member as described in the Club's By-laws (Senior, Honourary, Life, Associate, etc.) or an immediate family member of a Club member must be in charge while racing.
- 4.3 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.4 Boat should have a valid PHRF-LO certificate. Boats with out a valid PHRF-LO certificate shall contact John Crawley at jccrawley@gmail.com.



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- 4.5 All eligible boats must register ONLINE at [2026 WoW Event – PCYC Racing](#) by 1900 Friday, September 11th to be scored.
- 4.6 The OA reserves the right to keep like boats together, even if this action overrides one or more boat's separation by rating. In case of an assignment of a boat to a Class outside of her rating band, the owner shall be notified by email.
- 4.7 [NP] Each competitor participating in the race shall submit an online Liability Waiver (part of the registration process) prior to racing.

5 CREW LIMITATIONS

- 5.1 All boats must have a minimum crew of a Skipper and one Crew.
- 5.2 All boats must be helmed by a Women.
- 5.3 The crew of each participating boat must be comprised of at least 50% percent women crew.
- 5.4 A male boat owner is permitted to be onboard but may not contribute to the sailing of the boat in a meaningful manner.

6 SCHEDULE

- 6.1 A mandatory Skipper's meeting will be held in the gazebo located adjacent to the stairs leading to the pool at 1000.
- 6.2 The first warning signal will be at 1145. No races will be started after 1530.
- 6.3 A maximum of four races will be completed.
- 6.4 Awards will be presented as soon as is feasible after racing.

7 RISK STATEMENT

- 7.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
- 7.2 Competitors voluntarily assume the risks associated with communicable diseases including but not limited to COVID-19.

8 INSURANCE

- 8.1 Each participating boat shall be insured with an adequate and valid third-party liability insurance with minimum coverage of Two (2) million dollars.

9 SIGNALS MADE ASHORE

- 9.1 The vessel carrying the Race Officer shall make one courtesy sound signal upon departure from the harbour on the way to the race area.
- 9.2 Signals made ashore will be displayed on the flag pole located south of the clubhouse.
- 9.3 When flag AP is displayed ashore, '1" minute is replaced with 'not less than 30 minutes" in Race Signals AP.



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10 DIVISIONS AND CLASS FLAGS

10.1 The class flags are as follows:

	<i>Class</i>	<i>Flag</i>
Start 1	PHRF I	Numeral Pennant 1
Start 2	PHRF II	Numeral Pennant 2
Start 3	PHRF III	Numeral Pennant 3
Start 4	PHRF IV	Numeral Pennant 4

10.2 Division Splits will be posted by 2100 Friday, September 11th.

11 VENUE

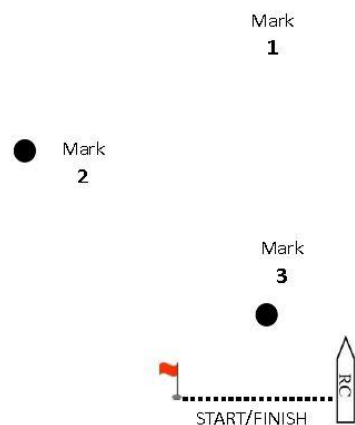
11.1 Racing will take place on a bearing of 145 degrees and a distance of 1.2 nautical miles from the entrance to the harbour.

11.2 [NP] Course location will be at the discretion of the race officer.

12 COURSES AND MARKS

12.1 Inflatable marks will be used.

12.2 The course to be sailed will be windward/leeward for the Flying Sails divisions and a triangle windward/leeward for White Sail divisions.



Flying Sails: Start – Mark 1 – Mark 3 – Mark 1 – Finish

White Sail: Start – Mark 1 – Mark 2 – Mark 3 – Mark 1 - Finish

12.3 Inflatable marks will be used.

13 THE START

13.1 The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of the starting mark.



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- 13.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 13.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 13.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 13.5 No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.

14 THE FINISH

- 14.1 The finishing line will be between a staff displaying a blue flag on the signal vessel and the course side of the mark nearest the signal boat.
- 14.2 If the race committee is absent when a boat finishes, she should record her finishing time (GPS time), and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

15 PENALTY SYSTEM

- 15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16 TIME LIMITS [AND TARGET TIMES]

- 16.1 The Finishing Window of 20 minutes is the time for boats to finish after the first boat in each division sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing.
- 16.2 A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.3 Overall time limit is 60 minutes from the start of each division.
- 16.4 Failure to meet target time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

- 17.1 The protest time limit is 60 minutes after the signal vessel docks. The time will be posted on the online official notice board.
- 17.2 Hearing request forms are available outside of the Communications Station.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Boardroom, located on the second floor of the east end of the clubhouse as soon as is feasible.
- 17.4 RRS 62.2(a) and 66.2(a) do not apply.

18 SCORING

- 18.1 The scoring system is the PHRF Lake Ontario Time on Time formula.
- 18.2 One race is required to be completed to constitute a series.



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19 [DP] [NP] SAFETY REGULATIONS

- 19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 19.2 The owner of the boat and the crew are responsible for adhering to the 'Concussion Codes of Conduct for both Participants and Leaders', 'Removal from Sport Protocols' and 'Return to Sport Protocols'.
<https://ontariosailing.ca/concussion-information/>.

20 DATA PROTECTION

- 20.1 All pictures, audio and video recordings, graphic logos and service names contained herein or produced during the race by or on behalf of the Organizing Authority or Port Credit Yacht Club, are the property of either the Organizing Authority or Port Credit Yacht Club or their respective members. No rights are granted to use pictures, graphic logos, and service names without permission. Registrants, competitors, and participants grant the Organizing Authority or Port Credit Yacht Club (PCYC) the unrestricted right and permission to use the name and/or image for any text, photograph, or video footage of either themselves or the sailboat they are sailing during the event to be published or broadcast in any media whatsoever (including but not limited to press, TV advertisements, social media or internet), for either editorial or advertising purposes or to be used in Press Information.

21 TRASH DISPOSAL

- 21.1 Trash may be placed aboard official vessels.

22 DIVING RESTRICTIONS AND PLASTIC POOLS

- 22.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between preparatory signal of the first race and the end of the event.

23 PRIZES

- 23.1 Prizes will be awarded for the first three boats in each division.
- 23.2 Additional awards may be presented.

24 Further Information

- 24.1 For further information, please contact:
Anne Sanderson – clubracing@pcyc.net or at 647 920 6146.



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EMERGENCY PLAN:

In the event of damage or injury:

1. Contact Peel Region Marine Unit
2. Contact the Race Committee VHF 16 or 71

Emergency Phone Numbers

Peel Region Emergency Services	For emergencies ONLY – 911
Peel Region Marine Unit	VHF 16
Canadian Coast Guard (Trenton)	VHF 16 1-800-267-7270
Port Credit Yacht Club	(905) 278-7911
Signal Boat	VHF 71

1 CONCUSSION GUIDELINES

Those participants, including both Skippers and Crew should familiarize themselves with the information provided below.

- 1.1 Ontario Sailing Concussion Code of Conduct – Athletes and Participants <https://ontariosailing.ca/wp-content/uploads/2021/10/OS-Concussion-Code-of-Conduct-Athlete.pdf>
- 1.2 Ontario Sailing Concussion Management and Return to Play <https://ontariosailing.ca/member-services/concussion-information/>
- 1.3 Rowan's Law <https://www.ontario.ca/page/rowans-law-concussion-safety>
- 1.4 Ontario Ministry Provided Concussion Resources <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>

PORT CREDIT YACHT CLUB
115 Lake Promenade, Mississauga, Ontario



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2 VENUE PARKING

2.1 Parking is available free of charges for all participants.